

Shoulder Evaluation

Please be as complete as possible and print clearly

Name: _____ Today's Date ___/___/___ Age: _____ Height: _____ Weight: _____

Occupation: _____ Family Physician: _____

Who referred you to this office? _____

Hand Dominance: Right Left

Involved Shoulder: Right Left

HISTORY OF INJURY

Did you have an injury to your shoulder? Yes No

When did the injury occur or when did *the symptoms* begin (month, day, year)? _____

How did the injury occur? _____

Do you have: Pain Loss of motion Weakness Radiating pain down the arm

Numbness or tingling

Location of your shoulder pain: Side Front Back Top Neck Shoulder blade

Is the pain: Sharp Dull Aching Burning Constant Activity related

Does the pain wake you up at night? Yes No

Is the pain present: During activities After activities

What aggravates the symptoms?

Reaching behind back

Reaching overhead

Throwing

Pushing

Lifting

Other: _____

Have you had prior problems or surgery on this shoulder? Yes No

What makes the symptoms better? _____

Have you ever dislocated your shoulder? Yes No

Does it slip out of joint or feel unstable? Yes No

Have you had any treatment related to this injury? Yes No

If yes, please check off which treatments and any improvement:

Medications: Greatly helped Moderate help No help

Physical Therapy: Greatly helped Moderate help No help

Injections: Greatly helped Moderate help No help

Other: _____

With regards to this injury, have you had: X-Rays MRI Other

PAST MEDICAL HISTORY

Patient Name: _____ Date of Birth: _____

Height: _____ Weight: _____

Please list any conditions you are being treated for: _____

Please list any medications you are currently taking _____

Please list any surgical procedures: _____

Medication Allergies: _____ or No Known Drug Allergies

SOCIAL AND FAMILY HISTORY

Do you smoke: Yes No If yes, how many packs per day: ½ 1 2 More

Are you married? Yes No

Please list any conditions or diseases that run in the family: _____

Review of Symptoms

Please check all that apply

General: <input type="checkbox"/> Feeling Well <input type="checkbox"/> Fever <input type="checkbox"/> Chills <input type="checkbox"/> Fatigue	Cardiovascular: <input type="checkbox"/> Chest Pain <input type="checkbox"/> Palpitations <input type="checkbox"/> Edema <input type="checkbox"/> Phlebitis	Musculoskeletal: <input type="checkbox"/> Calf Pain <input type="checkbox"/> Joint Swelling <input type="checkbox"/> Joint Pain <input type="checkbox"/> Joint Stiffness <input type="checkbox"/> Muscle Weakness <input type="checkbox"/> Muscle Pain <input type="checkbox"/> Muscle Atrophy <input type="checkbox"/> Leg Cramps	Neurological: <input type="checkbox"/> Dizziness <input type="checkbox"/> Unsteadiness <input type="checkbox"/> Weakness <input type="checkbox"/> Numbness <input type="checkbox"/> Unusual Sensation <input type="checkbox"/> Fainting <input type="checkbox"/> Headaches
Skin: <input type="checkbox"/> Bruising <input type="checkbox"/> Rash	Gastrointestinal: <input type="checkbox"/> Heartburn/Reflux <input type="checkbox"/> Constipation	Hematology: <input type="checkbox"/> Anemia <input type="checkbox"/> Blood Clots <input type="checkbox"/> Nose Bleeds	Geniourinary: <input type="checkbox"/> Recurrent Urinary Infection <input type="checkbox"/> Prostate Enlargement <input type="checkbox"/> Prostate Cancer
Respiratory: <input type="checkbox"/> Cough <input type="checkbox"/> Wheezing <input type="checkbox"/> Difficulty Breathing	Psychiatric: <input type="checkbox"/> Anxiety <input type="checkbox"/> Depression <input type="checkbox"/> Insomnia <input type="checkbox"/> Dementia		

Signature: _____ Date: ____/____/____

Physician Signature: _____ Date: ____/____/____